# Kootenay Lake District Parents' Advisory Council Meeting September 15, 2022 6:00pm-8:00pm Video Conferencing via Zoom

#### **Minutes**

## 1) Call to Order, 6:01PM

We acknowledge, respect, and honour the First Nations in whose traditional territories the Kootenay Lake School District operates and all Aboriginal people residing within the boundaries of School District #8.

## 2) Welcome and Introductions

Natalia Nazaroff - DPAC Chair/Vice Chair MSSS/Elev8 DPAC Rep; Taryn Stokes - DPAC Secretary/CBESS parent; Colleen Bayly - Creston HL and Erickson parent; Corinne Grubba - BK PAC Vice Chair/DPAC Rep; Trish Smillie - Superintendent of School/CEO; Deanna Holitzki - Director of Instruction/Inclusive Education; Scott Rothermel - Manager of Safe Schools; Javier Gonzales - Coordinator of Mental Health and Addictions; Lenora Trenamen - Board Chair/Trustee North/East Shores; Sheri Walsh - Trustee Nelson/Bealby Point; Sharon Nararoff - Vice Chair Slocan Valley/Bonnington; Laura-Lee Arsenault - CUPE 748 Area Rep Creston; Cheri-Ann MacKinlay - CLES DPAC rep; Kristina Leidums - Wildflower Creston vice-chair/DPAC rep; Emily Duggan - BK parent, trustee candidate; Tricia Braun - Hume parent, trustee candidate; Sandra; Valerie B - Hume parent; Anna Sangster - South Nelson parent; Tamara Ziemer - LVR parent, trustee candidate

3) Adoption of Agenda

Motioned - Natalia Nazaroff; Seconded - Colleen Bailey; Opposed- nil

4) Approval of Minutes

Motioned - Natalia Nazaroff; Seconded - Colleen Bailey; Opposed- nil

- 5) Superintendent's Report plus guests Deanna Holitzki, Scott Rothermel and Javier Gonzales
  - General school startup comments returned last Tuesday with lots of excitement. COVID is not taking a center stage this year. Remind students/staff to stay home when they are sick.
  - Note that on April 1 the ministry added a new division, Child Care, now called MOECC. New
    curriculum includes consent and anti-racism. Early stage in transition to have child care, goal to
    have more child care providers and collaborative space creation and planning.
  - Indigenous focused graduation requirement there will be lots of planning this year to implement for 2023.
  - Aligning new ministry performance standards and reporting policy.

- Parent engagement events throughout the school year, you can find individual sessions in the attached pdf.
- Schools will be closed on Monday to recognize the National Day of Mourning. Plus School Planning day on September 23 and the Truth and Reconciliation Day on September 30.
- MOECC affordability funding to be used by June 30 SD8 is looking for feedback to help guide the allocation of the funds (can be used to offset costs like school supplies, food security, school activities)
- Consultation with stakeholders through Student and Family Affordability Survey (complete by Sept 23):
  - https://forms.office.com/Pages/ResponsePage.aspx?id=DGJfrn-CCkGzYfFneRHiQh8I1Xmaf4xLkZq M76cipe5URDQyWIRDTFVOU1MxVIMzSFIPSTBUMkNYQy4u
- Presentation from Deanna Holitzki Red Binders will now be known as Student Support Binders, food equity funding is from Community LINKS (Learning Includes Nutrition and Knowledge) for vulnerable students, Policy 450 was renamed to Equitable and Inclusive Education Services for Learners,
- Scott Rothermel, Manager of Safe Schools big part of his job is parent support, a few topics as a reminder of the great online resources
  - SOGI (every school has a SOGI adult lead, support SOGI based clubs, develop gender neutral bathrooms throughout the district), sogieducation.org/
  - ERASE reporting tool another provincial program, is an anonymous reporting tool for students, can share your concern and if you want to be contacted, encourage schools to use it, erase.gov.bc.ca plus good parenting/digital resource is highly recommended
  - SD8 parent engagement evenings will have some this year related to digital media education
- Javier Gonzales Mental Health in Schools
  - Scope of mental health in schools is preventative in nature. (to give students the tools to be resilient)
  - Will be expanding some programs this year one is the Open Parachute. Designed by a former SD8 student (Kaslo). Is used in several countries and was piloted by SD8 last year with good feedback. There is support for parents as well as the students.
  - Also EASE see link, is already available for parents, https://healthymindsbc.gov.bc.ca/
  - Foundry BC App excellent resource for parents with youth ages 14+,
  - Other screenshots below for more mental health resources

# Interior Health Crisis Line

1-888-353-2273

Mobile Apps/Virtual Treatment Link

## **KUU-US Crisis Line Society**

https://www.kuu-uscrisisline.com/

•24-hour provincial Indigenous crisis line

·Call: 1-800-588-8717

•For children & youth: 250-723-2040

•For adults: 250-723-4050

https://bouncebackbc.ca/

**BounceBack®** is a free skill-building program designed to help adults and youth 15+ manage low mood, mild to moderate depression, anxiety, stress or worry. Delivered online or over the phone with a coach, you will get access to tools that will support you on your path to mental wellness.



#### **British Columbia**

https://www.healthlinkbc.ca/mental-health-substance-use/mental-health

**Provincial Health Information Line.** HealthLinkBC: Call **8-1-1** or visit <a href="https://www.healthlinkbc.ca">www.healthlinkbc.ca</a>.

 $\label{lem:link} \begin{tabular}{ll} VictimLink BC. Call 1-800-563-0808 \ or \ visit \\ www2.gov.bc.ca/gov/content/justice/criminal-justice/victims-of-crime/victimlinkbc \\ \end{tabular}$ 

Child Abuse Prevention Website: Helpline. Call 310-1234 or visit <a href="https://www.safekidsbc.ca/helpline.htm">www.safekidsbc.ca/helpline.htm</a>.

BC Mental Health and Substance Use Services. Call 310-6789 (310 Mental Health) or visit <a href="https://www.bcmhsus.ca">www.bcmhsus.ca</a>.

Crisis Intervention and Suicide Prevention Centre of British Columbia. Call 1-800-784-2433 (1-800-Suicide) or visit <a href="http://crisiscentre.bc.ca">http://crisiscentre.bc.ca</a>.

Here to Help. Visit www.heretohelp.bc.ca.

Kids Help Phone. Call 1-800-668-6868 or visit <a href="https://www.kidshelpphone.ca/Teens/Home.aspx">www.kidshelpphone.ca/Teens/Home.aspx</a>



## 6) Treasurer's Report

- There have been expenses that have not come out of the account yet from over the summer
- Reshared the balances from the June meeting

## **DPAC Financial Report FYE 2021-22**

5.00	
400.00	family education
105.00	family education
510.00	•
	400.00 105.00

Prepared for DPAC Meeting June 9, 2022, reporting period April 1 to May 31, 2022

## 7) Correspondence

- Collaborating Playbook for School Engagement is in our minutes from last meeting, share link
- DPAC has the paper copy

### 8) Discussion Items

- a) Call DPAC AGM October 20th 2022 all positions are always available and open for nominations. We do not have a term system so everyone needs to be renominated and re-elected every year. Currently their position of Vice chair has been vacated and we need more executives and committee reps. AGM is at 6PM and regular DPAC meeting will start at 6:30PM
- b) BCCPAC memberships due. Please register your school PAC and email DPAC for reimbursement
- c) Collection of the list of all PAC chairs for this school year
- d) This year's Parent Engagement Sessions provided by the district. (see attached pdf)
- e) Ideas for what we want to see from DPAC this year or any questions about DPAC
  - BK doesn't have potable water and this has been in progress for 6 years. Superintendent Smillie shared that over the summer a solution was found and the system should be online within the next few weeks.
  - Background on DPAC/BCCPAC every parent of a school is automatically a part of your school PAC, every school PAC has a DPAC rep, DPAC is your school's voice at the district level, all parents are welcome to attend DPAC meetings but the elected DPAC rep is the only person from your school who has a vote, DPAC also has a voice at BCCPAC, each school can also have a voice at

BCCPAC once you are registered, the DPAC thinks it is very important for each school to also have that voice at BCCPAC and that is what our DPAC will reimburse each PAC for their BCCPAC membership, BCCPAC fall leadership conference is usually for Chair/Vice to attend, registered members can also attend the spring BCCPAC AGM and parent conference, trustees have a different mandate than parents (parent mandate is to represent us and our children whereas trustees mandate is to represent their constituents

- Suggestions for DPAC events host information session for parents with children with diverse learning needs, to clarify funding and how it works, an opportunity to educate parents and inform, part of this will be covered in the September parent engagement event but not necessarily all the details about funding https://www.sd8.bc.ca/events/welcome-inclusion
- Consider a facilitator about grief and bereavement specifically for children. Colleen Bayly has a contact that we can look into. (Colleen will email Taryn)

## 9) School Reports from DPAC Reps

- BK Corinne first meeting this week, review of June and AGM upcoming
- CL Cheri-Ann PAC only had a president but a few people stepped up to take on roles, she will be DPAC as well as Treasurer, breakfast program starts next week
- DESK Natalia no meetings yet
- MSSS Natalia enrollment is a bit less than last year, able to have school spirit this year for the first time since 2019, presentation on the Oaxaca, Mexico trip, new VP at the school
- Wildflower Creston Kristina new local principal, getting to know each other,
- Hume Tricia Braun PAC meeting is next week, executive will be changing, settling back in, lunch program starting and spirit wear
- LVR Tamara back to school, big assembly, ~630 students, concession through foods class,
- Erikson Colleen PAC meeting next week, field trip to Kokanee Creek but a long bus ride to get there, Forest Fridays will be starting, gaga ball pit is a hit,
- Homelinks Colleen nothing yet

Final remarks from Natalia - always remember to be respectful, please come out and vote for Trustees and consider a position with the DPAC after the next AGM. Also checkout the DPAC website. https://dpacsd8.weebly.com/

Chair Trenaman - we have 9 trustees and 7 RDCK candidates. In some cases people may only be voting for a trustee so it is so important to go out and vote!

10) Adjourned at 7:23 pm PST, next meeting October 20, 2022 at 6:00PM.