

Valley Community Services Society

223 16th Ave. N. Creston **250-428-5547**

- Child and youth mental health services
- Parent teen meditation
- Reconnect program for youth
- Family advancement and skills acquisition programs
- Children who witness abuse
- Sexual abuse intervention program
- Pregnancy Outreach

East Kootenay Crisis Line

1-800-667-8407

Helpline for Children

310-1234

Kootenay Community Centre

250-428-6856

- Emergency Shelter & Support - 24 hour on call support

Gleaners Society

807 Canyon St. Creston **250-428-4166**

- Support through application for a spectrum of community programs
- Food bank

Kootenay Employment Services

119 11th Ave. S. Creston **250-428-5655**

#203 514 Vernon St. Nelson

250-352-6200

WE Graham Community Service Society

1001 Harold St. Slocan Village **250-255-2484**

- Restorative justice
- Art therapy
- Drug and addiction counselling
- Youth employment services
- Youth centre

Salmo Community Resource Society

311 Railway Salmo **250-357-2277**

- Child and youth mental health
- Children who witness abuse
- Parenting Program
- Salmo food bank
- Salmo safe homes
- Stopping the violence

Salmo Valley Youth and Community Centre

206 7th St. Salmo **250-357-2320**

- Recreation & fitness centre
- Youth activities
- Salmo community radio

North Kootenay Lake Community Services

336 B Ave. Kaslo **250-353-7691**

- Family resource centre and parenting programs
- Youth arts and culture
- Kaslo food security project
- Victim services and safe homes
- Counselling: child and youth mental health

Kaslo Area Youth Centre

201 A Ave. Kaslo **250-353-7110**

Recreation/Community Complexes

312 19th Ave North, Creston **250-428-7127**

305 Hall St. Nelson **250-354-4FUN**

Slocan Park Hall - 3036 HWY 6 **250-226-0008**

Salmo **250-357-0121**

Welcome Map Directory



Directory of Community Services



Comprehensive School Health

“Schools and communities working in partnership to create and foster health promoting schools.”

For Live Links to Community Services go to

<https://sd8learns.sd8.bc.ca/healthyschools/>

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Health Promoting Schools

District 8 - Kootenay Lake

hsc@sd8.bc.ca

Community Health Centres

312 15th Ave. Creston	250-428-3873
673 A Ave. Kaslo	250-353-2291
333 Victoria St. Nelson	250-505-7200
423 Davies Ave. Salmo	250-357-0104

List of Services Offered & Contacts

Hospitals

Kootenay Lake Hospital **250-352-3111**

3 View St. Nelson

Creston Valley Hospital **250-428-2286**

312 15th Ave. North Creston

Kaslo Primary Care Centre **250-353-2291**

673 A Ave, Kaslo

• 24 - hour emergency service

Health Link 8-1-1

- Health information
- Health services and resources
- Speak to a nurse, pharmacist or dietitian
- Tobacco cessation

RCMP - non emergency numbers

• <u>Nelson City Police</u>	250-354-3919
• Slocan Lake	250 - 358-2222
• Nelson RCMP	250-352- 2156
• Creston RCMP	250-428-9313
• Salmo RCMP	250-357-2212
• Kaslo RCMP	250-353-2225

West Kootenay Crisis Line

1-800-515-6999

West Kootenay Eating Disorder Clinic

717 10th St. Castlegar **250-505-7252**
• Assessment, treatment recommendations, consultations

Min of Children and Family Development

566 Stanley St. Nelson	250-354-6480
Creston	250-428-5547

East Kootenay Addiction Services Society

250-428-3036

Nelson Mental Health & Addictions

333 Victoria St. Nelson **250-505-7248**

Freedom Quest Regional Youth Services

608B Lake St. Nelson **250-352-3783**

336 B Ave Kaslo **250-353-8647**

206 7th Street Salmo **250-231-0316**

Slocan **250-551-6562**

Main Office Castlegar **250-304-2676**

- Youth addiction counselling
- Individual, group and family counselling
- Outreach Services

Options for Sexual Health Clinic

Nelson 333 Victoria St. (Wed 5:30-8:00pm)

(ring buzzer and go to 2nd floor) **250-505-3108**

Creston 312 15th Ave (2nd & 4th Tues 5-7pm)

250-428-3873

Kaslo 673 A Ave (2nd and 4th Mon 6-8pm)

250-353-2291

Ankors

West 250-505-5506

East 250-426-3221

- Prevention and education HIV/Aids and Hepatitis C
- Support/outreach/drop-in/Free condoms

Nelson Community Services Centre

201 - 518 Lake St. Nelson **250-352-3504**

- Individual, couple and family counselling
- Parenting program (individual and group)
- Parent - teen meditation
- Children who witness abuse counselling
- Sexual abuse intervention program
- Independence for youth program
- Youth housing - Cicada Place **250-352-9595**

Kootenay Kids

312 Silica St. Nelson **250-352-6678**

- Pregnancy outreach program
- Young parent group
- Aboriginal early intervention program
- Strong start

Nelson and District Youth Centre

608 Lake St. Nelson **250-352-5656**

- A safe and accepting environment where all youth can access a variety of recreational, developmental and cultural activities

The Advocacy Centre

521 Vernon St. Nelson **250-352-5777**

- Legal information (not advice), support, advocacy
- Victim's assistance services
- Court preparation and accompaniment
- Resource and referral and rights information

Nelson Food Cupboard

602 Silica St. Nelson **250-354-1633**

Friendship Outreach Clubhouse

818 Vernon St. Nelson **250-352-7730**
