

Creston Community Resource Centre

223 16th Ave. N. Creston 250-428-5547

- Child and youth mental health services
- Parent teen mediation
- Reconnect program for youth
- Family advancement and skills acquisition programs
- Children who witness abuse
- Sexual abuse intervention program
- Pregnancy Outreach

East Kootenay Crisis Line

1-800-667-8407

Helpline for Children 310-1234

Kootenai Community Centre

1508 Cook St. Creston 250-428-6856

- Shelter from abuse—24 hour on call support

Gleaners Society

807 Canyon St. Creston 250-428-4166

- Support through application for a spectrum of community programs
- Food bank

Kootenay Employment Services

119 11th Ave. S. Creston 250-428-5655

#203 514 Vernon St. Nelson 250-352-6200

- Resource room
- Employment & career counseling
- Employment readiness workshops

WE Graham Community Service Society

1001 Harold St. Slocan Village 250-355-2484

- Restorative justice
- Art therapy
- Drug and addictions counseling
- Youth employment services
- Youth centre
- Food cupboard

Salmo Community Resource Society

311 Railway Salmo 250-357-2277

- Child and youth mental health
- Children who witness abuse
- Parenting program
- Salmo food bank
- Salmo safe homes
- Stopping the violence

Salmo Valley Youth and Community Centre

206 7th St. Salmo 250-357-2053

- Fitness centre
- Youth activities
- Salmo community radio
- Salmo recreation

Kaslo Health Centre

673 A Ave, Kaslo 250-353-2291

- See health centre services on reverse
- Mental health
- Pregnancy outreach program
- See options for sexual health on reverse

North Kootenay Lake Community Services

336 B Ave. Kaslo 250-353-7691

- Family resource centre and parenting programs
- Mothercare
- Youth arts and culture
- Kaslo food security project
- Victim services and safe homes
- Counseling: child and youth mental health

Kaslo Area Youth Centre

201 A Ave. Kaslo Contact Linda Kelly 250-353-9617

- Saturday nights 7-10pm

Recreation/Community Complexes

312 19th Ave North, Creston 250-428-7127

305 Hall St. Nelson 250-354-4386

Services:

- Swim programs
- Skating, curling
- After school programming



Directory of Community Services For Schools



Comprehensive School Health

“Schools and communities working in partnership to create and foster health promoting schools”.

Produced January 2012

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Community Health Centres

312 15th Ave. **Creston** 250-428-3873
673 A Ave, **Kaslo** 250-353-2291
333 Victoria St, **Nelson** 250-505-7200
423 Davies Ave. **Salmo** 250-357-0104

Services:

- Public health nurse
- Pregnancy testing, counseling and referral
- Emergency contraceptive pills
- Immunizations
- Speech and language
- Audiology
- Dental programs
- Nutrition (Cindy Bossio) 250-420-2229
- Substance use services
- Environmental health
- Kindergarten vision screening
- Tobacco reduction

Hospitals

Kootenay Lake Hospital 250-352-3111
3 View St. Nelson
Creston Valley Hospital 250-428-2286
312 15th Ave. North Creston
Kaslo Primary Care Centre 250-353-2291
673 A Ave. Kaslo

- 24-hour emergency service

Health Link 8-1-1

- Health information
- Health services and resources
- Speak to a nurse, pharmacist or dietitian
- Tobacco cessation

RCMP

• Nelson City Police 250-354-3919
• Nelson RCMP 250-352-2156
• Creston RCMP 250-428-9313
• Salmo RCMP 250-357-2212
• Kaslo RCMP 250-353-2225

West Kootenay Crisis Line 1-800-515-6999

Min of Children and Family Development

566 Stanley St. Nelson 250-354-6480
224 10th Ave. N. Creston 250-428-3229

- Child and youth mental health– Nelson
- Youth probation
- Child protection

Nelson Mental Health & Addictions

333 Victoria St. Nelson 250-505-7248

- Assessment, treatment, counseling for depression, anxiety, eating and personality disorders
- Counseling services to chemically dependent persons
- Group therapy and outreach services

Freedom Quest Regional Youth Services

608B Lake St. Nelson 250-352-3783

- Youth addiction counseling
- Individual, group and family counseling
- Outreach Services

Options for Sexual Health Clinic

Nelson 333 Victoria St. (Wed 5:30-8:00pm)
(ring buzzer and go to 2nd floor) 250-505-3108
Creston 312 15th Ave (2nd & 4th Tues 5-7pm)
250-428-3873
Kaslo 673 A Ave (2nd and 4th Mon 6-8pm)
Services: 250-353-2291

- Pregnancy counseling and referral
- Reproductive health care
- Birth control counseling
- Contraceptive supplies
- S.T.D. and pregnancy testing

Ankors

101 Baker St. Nelson 250-505-5506

- Prevention and education HIV/AIDS and Hepatitis C
- Support/outreach/drop-in
- Free condoms
- Needle exchange program

West Kootenay Eating Disorder Clinic

717 10th St. Castlegar 250-505-7252

- Assessment, treatment recommendations, consultations

Nelson Community Services Centre

201 - 518 Lake St. Nelson 250-352-3504

- Individual, couple and family counseling
- Parenting program (individual and group)
- Parent-teen mediation
- Children who witness abuse counseling
- Sexual abuse intervention program
- Independence for youth program
- Youth housing—Cicada Place 250-352-9595

Kootenay Kids

312 Silica St. Nelson 250-352-6678

- Pregnancy outreach program
- Young parent group
- Aboriginal early intervention program
- Strong start

Nelson and District Youth Centre

608 Lake St. Nelson 250-352-5656

- A safe and accepting environment where all youth can access a variety of recreational, developmental and cultural activities

The Advocacy Centre

521 Vernon St. Nelson 250-352-5777

- Legal information (not advice), support, advocacy
- Victim's assistance services
- Court preparation and accompaniment
- Resource referral and rights information

Nelson Food Cupboard

602 Silica St. Nelson 250-354-1633

- Open to everyone, phone for hours

Friendship Outreach Clubhouse

818 Vernon St. Nelson 250-352-7730

- Drop-in, social support for individuals with mental illness and addictions